

# Seeking peace in a time of panic

The Bethlehem Gadfly coronavirus March 15, 2020

 *Latest in a series of posts on the coronavirus* 

CBS's "Sunday Morning" (9-10:30am) is the sanest show on television.

The sanest part of this sanest show is the "Moment of Nature" at the end.

The show just celebrated its 40th anniversary. Think of that.

And for those 40 years Gadfly has relished those Moments, moments that can feel like millennia.

They are offered as moments of silence, moments of silence from human sound.

What tonic that can be.

This **morning's show** provided explanatory material about the series along with the beautiful Moment.



See the **full playlist** of Moments on youtube, beginning with the river otters.

Dr. Gadfly prescribes one segment a day till this virus mess is over.