

Plastic-Free July: Takeout and Delivery

[The Bethlehem Gadfly](#) [Environment](#) July 11, 2020

 *Latest in a series of posts on the environment* 

Alison Steele is a Liberty High School alum who traveled the world looking for adventure and purpose before finding it in Pittsburgh. She has made it her mission to help others make more informed decisions around how they interact with people and the planet.

from Steele's "Plastic-Free July: Part 2"

Back near the beginning of the pandemic, when restaurants began shutting down for dine-in, and grocery stores started banning reusable bags, several of my friends were asking me what I was doing in those situations. I was incredibly flattered when one of my best friends said she had a “what would Ali do?” moment. The truth is that I have been struggling with these things myself because when public health becomes a factor, it’s harder to make what would otherwise be relatively simple choices.

My previous Plastic-Free July and Zero-Waste Lent challenges were each a comparative piece of cake because I could buy in bulk with my own containers or take reusable mugs to coffee shops. Those things are, understandably, not options at the moment. I would love to say that I’ve gotten creative, but mostly I’ve just been cutting back back: opting out of meals from certain restaurants and foregoing certain ingredients when grocery shopping.

continue on "Plastic-Free July: Part 2"

Gadfly got some take-out Sunday, and there was so much plastic he wondered how the business made any money.

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